

**SOCIETY OF HEALTH AND PHYSICAL
EDUCATORS OF VERMONT**



“We’re Back!!!”

“2021” Conference and Awards Reception

March 23-24, 2022

Killington Grand Hotel, Killington, Vermont

Complimentary Wireless: GrandGuest (no password)

**Please take pictures and videos and make sure to tag @SHAPEVT in the post!
Use the #SHAPEVT2022**

Welcome to the “2021” SHAPE Vermont Conference! We are thrilled to *finally* be able to host you in person again for two days of connection, inspiration, and rejuvenation. We’re back, baby!!!

When I originally decided to run for SHAPE Vermont President-Elect in the fall of 2019, things were *much different!* While the past two years have been nothing like I could have imagined, I am so proud of what SHAPE VT was able to accomplish. Your board put together two(!) virtual conferences; hosted a summer professional development series; held Zoom membership meetings to share the most up-to-date information, ideas, and support around pandemic teaching; created a group-shared digital resource bank full of ready-to-use ideas for hybrid and remote teaching; advocated for safe, effective, and equitable teaching conditions at the state level; and much more. I can say with certainty that none of these projects was what I expected to be helping with when I dreamed about my three years on the board back in 2019!



The past two years have been an emotional, mental, and professional sit-and-reach test and our fingertips have stretched well past the healthy fitness zone. One factor that helped SHAPE Vermont remain flexible and adapt to each new chapter of this story is the team of folks who have made this conference and so much more possible. Thank you so much to the board members who have served and continued to serve SHAPE Vermont during these unpredictable, stressful, and exhausting times. Each member of our board has played a pivotal role in sharing that emotional, mental, and professional load to keep things moving forward. SHAPE VT Executive Director Dr. Lisa Pleban deserves a medal of honor for the headaches she has endured and the sacrifices she has made to ensure this organization stays afloat and relevant. Amanda Cowan has served well beyond the two years she originally agreed to to help make this postponed spring conference a success. Jude Olson joined our conference committee amidst the pandemic chaos to offer her support toward our efforts. Lyn Porter selflessly agreed to take on the presidency role and volunteered her time and expertise for our 2021 summer PD series. And last but not least, Kali Harris agreed to stay on in her leadership role as (Past-) Past-President, organizing *two* conferences during her final few months after having to change course countless times as restrictions loosened and tightened (and loosened again!). I would wager that no one is more excited to have you here today than Kali! Thank you to these women for your dedication and commitment. You are truly inspirational!

One clear lesson from the pandemic is to not take anything for granted. How quickly our lives were turned upside down not long ago! I hope you join me in relishing each moment of this spring conference and soak up every opportunity to connect with your colleagues and be inspired by their ideas and passions. My wish is that you leave feeling rejuvenated and hopeful as springtime emerges here in Vermont.

With much respect and gratitude,

Sarah Chap
Spaulding High School
SHAPE Vermont Past-President

SHAPE-VT Past Presidents

2020-2021 Kali Harris
2019-2020 Kate McCord
2018-2019 Matt Bristol
2017-2018 Philip Chaput
2016-2017 Mark Weikert
2015-2016- Betsy Caldwell

VTAPERD Past Presidents

2014-2015 Janice Lange
2013-2014 Chris Souliere
2012-2013 Robyn Davis
2011-2012 Jon Hammond
2010-2011 Louise Deguise
2009-2010 Lisa Pleban
2008-2009 Chris Polakowski
2007-2008 Ellen Harris
2006-2007 Kevin Plette
2005-2006 Willie Cerauskis
2004-2005 Michael Interlandi
2002-2003 Beverly Nichols
2001-2002 Robert Fredette
2000-2001 Tracey Fogarty
1999-2000 Jim Segar
1998-1999 Susan Adams
1997-1998 Mal Spencer
1996-1997 Susan Barnard
1995-1996 Bonnie Mohlman
1994-1995 Robin Schoenfeld-Fox
1993-1994 Carl Hurd
1992-1993 Lynn Johnson
1991-1992 Michael Interlandi
1990-1991 Barbara Cioffi
1989-1990 Bob Grace
1988-1989 Stevie Chepko
1987-1988 Michael Soules
1986-1987 Robyn Soave Davis
1985-1986 Leigh Mallory
1984-1985 Jan McCleery
1983-1984 John Stetzel
1982-1983 Joy Stowell
1981-1982 Winton Goodrich
1979-1981 Murray Banks
1977-1979 No President
1976-1977 Chandler Stowell
1975-1976 Charles Ash
1974-1975 Dwight Fiske
1973-1974 Maggi Hayes
1972-1973 W. Donald Soderberg
1960-1961 Olive Krogman

Thank you for your leadership!



Thank you to the 2021 conference committee.

**Sarah Chap
Lyn Porter
Amanda Cowan
Jude Olson
Lisa Pleban**

It has been an honor to work with my friends at
SHAPE Vermont the past three years

-Kali Harris, Past-President & Conference Chair

MISSION STATEMENT:

The SHAPE-VT organization's mission is to service our professionals and pre-professionals in the fields of health, physical education, recreation and dance by offering information of importance to our members, and sponsoring various events and training throughout the year. We also recognize outstanding educators, future professionals, and community members through our awards program. Our fall conference provides knowledge about exceptional programs, new guidelines, professional development, and services for our members. Educators, students, and administrators in the fields of Health Education, Coaching, Adaptive Services, Teacher Training, Physical Education, Recreation, and Dance are encouraged to join the association. Yearly dues are kept affordable for our professionals. Scholarship opportunities for professional development are available to Vermont college student members. By joining this organization you will be able to network both with other professionals in your field and in related fields.

Exhibitor Hall Open Thursday March 24th 8:00 am – 2:30 pm

Exhibitors Contact Information

1. Great Body Shop - Representative: Heidi Pound Heidi@thegreatbodyshop.net, 27 Cannon Rd. Suite 1B Wilton Ct 06897 Phone 03-762-2938. Barbara Burditt, M.Ed. Director of Professional Development Instructional Support Services. For 30 years The Children's Health Market has been publishing THE GREAT BODY SHOP, the nationally recognized premier PreK-8th grade comprehensive health education program that brings health education, critical thinking and social emotional learning to children and families everywhere. It meets all national and state standards, is easy to teach and makes it fun to learn!
2. Vermont Department of Health, Health Promotion Disease Prevention - 108 Cherry Street, Suite 203 Burlington, VT 05401 <http://www.healthvermont.gov/wellness> The Vermont Department of Health is the state's lead agency for public health policy and advocacy, striving to protect and promote the best health for all Vermonters.
3. Castleton University - Professor Marybeth Lennox-Levins, (802) 468-6430 www.castleton.edu The Master of Science in Athletic Leadership, a 30-credit, primarily online degree, focused on leadership in intercollegiate, interscholastic, and youth athletics. This program is flexible, authentic, and allows the Health and Physical Education professional to diversify his/her skills and knowledge.
4. The Collaborative - [Natalie Philpot](#), Programs Coordinator. (802) 824-4200 Youth vaping is prevalent, so how do we educate about the risk of harm and cessation? The Collaborative's programming engages youth to make healthy choices to prevent substance misuse while supporting emotional-well being and exploring the impact of stigma. The Collaborative, founded in 1999, promotes healthy communities and substance-free youth through education, programming, environmental strategies, and policy development. Our Vaping programming is available for you to replicate for your school. Contact: info@thecollaborative.us
5. UPlay Disc Golf - Zoe AnDyke, zoe@uplaydiscgolf.org Uplay believes that today's youth face a variety of unhealthy habits and potentially dangerous activities. By teaching core values of respect, integrity, honesty, confidence, and sportsmanship, Uplay uses disc golf as a fun, low impact, easy to learn outdoor sport, that burns calories while improving physical abilities, body awareness, concentration, and goal setting. Our programs insert exercise into daily lives, while instilling positive social and life skills, and increases our student's ability to teach and enjoy an exciting outdoor activity with family and friends. Visit <https://www.uplaydiscgolf.org/>
6. OMNIKIN - Paolo Zambito, M.P.A., B.A.A. Directeur général / Executive Director <https://www.omnikin.com> Since its inception in 1986, OMNIKIN has always been at the forefront of cooperative gameplay that promotes inclusion and cooperation. Learn how Kin-Ball and the other OMNIKIN® games can help all our kids adopt an active lifestyle.
7. Kids on the Ball - shona@kidsontheball.com Our mission: Changing lives...one ball at a time. Our goal is to play the next ball, literally and figuratively, while being constantly aware of the opportunity to teach much more than tennis. Daily time on a tennis court with youth provides us many teachable moments. The resulting relationships are the cornerstone of a happy, healthy and well-balanced life. Kids on the Ball is about relationships and respect. We're teaching life lessons disguised as tennis. Visit <https://www.kidsontheball.com/>

Conference Schedule (subject to change)

Wednesday March 23rd 3:30 pm -4:45 pm

Workshop Registrant check-in: Lower Lobby, Killington Grand

Note: all attendees must be pre-registered by Tuesday, March 22nd.

No on-site registration.

Wednesday March 23rd

4:15 pm -5:45 pm

Title	Room / Presenter	Description
Passing and Receiving: Training session for Middle School/High School Coaches	Northstar I + II Scott Maxham	This session has the expectation that attendees will participate in the session. The focus of this session is to practice and teach receiving the ball to make the game easier for your players. Attendees will receive a practice plan and I will run the session like a clinic so questions will be answered throughout the session.
Adult, Child and Baby First Aid/CPR/AED renewal certification	Escapade I + II Sarah Cook	This workshop equips students to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children and babies. This is intended only for individuals who have previously completed this course and need credentials renewed. Pre-registration required. Limit 12 PLEASE NOTE: PARTICIPANTS ARE EXPECTED TO BE FULLY VACCINATED/BOOSTERED BECAUSE OF THE INCLUSION OF SIMULATED RESCUE BREATH TRAINING
Utilizing Functional Fitness in Your Professional Practice: Part I Adapting Fitness-enhancing Movement into your Classroom	Gateway I + II Dr. Lisa Pleban	In this session you will take part in learning to create and assess age appropriate adaptations of fitness based exercises that you can employ in your elementary or secondary classroom. Little or no equipment is employed, making these fun fitness exercises feasible for your classroom.
Kids on the Ball Interactive Tennis Demonstration	Oscar I Jake Agna, Jasmina Jusafagic, Cody Tran and Jack Nguyen	Kids on the Ball will be set up in the ball room with all equipment necessary for participants to join the fun! We will be teaching and playing the games we play in the school systems. Demonstrating how easy and fun it is to incorporate tennis into school P.E. programs.

Wednesday 5:45 pm to 6:15 pm

Grab and Go Dinner- Oscar Ballroom

Wednesday 6:15 pm to 8:00 pm

Title	Room/ Presenter	Description
Basics of Disc Golf	Northstar I + II Zoe AnDyke	Come learn about disc golf from professional and gifted teacher Zoe AnDyke, creator of UPlay. Her intention and the organization's mission is to promote health, well-being, and enhance communities through the provision of educational disc golf programs. Learn about how to bring the sport of disc golf to your school or local community, and leave with some lesson plans and unit ideas as well as some great resources!
Adult, Child and Baby First Aid/CPR/AED renewal certification	Escapade I + II Sarah Cook	Continuation from earlier session.
Utilizing Functional Fitness in Your Professional Practice: Part II Building Blocks and Foundations for Functional Movement and Strength Training.	Gateway I + II Sue Ward	You have heard of "build a bear" but how about "build a squat?" In this session you will learn how to safely and effectively teach your students how to use functional strength-based movements such as squats, lunges, deadlifts and more, using little or no equipment. Be prepared to move.
Kids on the Ball Interactive Tennis Demonstration	Oscar I Jake Agna, Jasmina Jusafagic, Cody Tran and Jack Nguyen	Continuation from earlier session.

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Thursday March 24th 7:00 am -9:00 am

Registrant check-in: Lower Lobby, Killington Grand

Note: all attendees must be pre-registered by Tuesday, March 22nd.

No on-site registration.

Breakfast with Roundtable Discussion

7:15 am - 8:15 am Oscar Ballroom

Ticketed event for two-day registrations only (single day registrants may purchase breakfast though the Conference registration page)

Bring your "pink admission ticket", please.

Thursday March 24th at a Glance

Time	Escapade I +II	Gateway I +II	Northstar 1	Northstar 2	Oscar I
8:30-9:30	The Great Body Shop Health Program- Increasing Skill Competencies in Health Education	Dr. Sue Yesalonia- New Resource! Health and Physical Education Spotlights on Equity	Marybeth Lennox-Levins- Building a Positive Team Culture to Prevent Hazing in Athletics	Jon Hammond- Building Culture through Play	Kids on the Ball Tennis- Elementary School Focus
9:45-10:45	The Collaborative/ Natalie Philpot- Vaping Prevention and Cessation Program	Tammy Charbonneau- So You want to teach SPORTSMANSHIP?!	Angie Carpenter-Henderson, Scott Maxham, Susan Barnard- Get Ready For a Job Interview in Physical Education (In person and remote!)	Jude Olson, Margaret Ford, Devon Morrill- How to build and coach a middle school track and field program, organically.... without a track.	Kids on the Ball Tennis- Middle/High School Focus
11:00-12:00	Andrea Nicoletta- Essential Topics in Sexual Health Education Roundtable	Lynn Johnson-Using Technology to Individualize Learning in Physical Education	Andy Weinberg/ Dawn Campbell- Elementary teachers in trauma affected schools & the importance of quality partnerships	Matt Bristol- "Connection over Content" - Instant activities for building a community in PE	Kin-Ball- Promote cooperation and inclusion through Kin-Ball and Omnikin games
12:00 pm - 1:00 pm	Grab- and -Go Lunch 2021 SHAPE VT Awards Business Meeting Oscar Ballrooms				
1:15-2:15	Andrea Nicoletta- Challenges in Sexual Health Education	Isabel Gogarty and Kristina Knockenhauer- What to Know Before your First Year	Lindsay Turgeon- Fostering Self-Care for Professionals	Lyn Porter- Movement Activities Linked to Nutrition	Zoe AnDyke/UPlay Disc Golf- Basics of Disc Golf
2:30-3:30	Erica Gibson- Restrictive Eating Disorders in Adolescents: Risk factors, identification and prevention.	Dr. Sue Yesalonia and Angie Carpenter- Henderson- Roundtable Discussion: The New Vermont Physical Education Assessment	Isabel Gogarty and Alyssa Smith- Wellness: The Relationship Between Health and Physical Education	Lyn Porter- How to Manage and Engage Our Youngest Learners	Dr. Lynn Johnson- Teaching Game Concepts While Physically Distanced: Modifications In PE

Thursday March 24th
Session 1 8:30 am to 9:30 am

Title	Room/ Presenter	Description
Increasing Skill Competencies in Health Education	Escapade I +II Barbara Burditt, The Great Body Shop.	This session focuses on the essential need to address the National Health Education Skill Standards of analyzing influences, accessing information, communication, decision-making, goal-setting, self-management and advocacy. Moving beyond just acquiring information to demonstrate health skills is our goal for students! Come learn how THE GREAT BODY SHOP, a K-8 comprehensive health education curricular resource provides students with multiple opportunities to practice skills, specific to the standards, and in a variety of situations. Come enjoy an interactive session: overview the 2021-2022 curriculum and engage participants in several skill-based activities.
New Resource! Health and Physical Education Spotlights on Equity	Gateway I +II Dr. Sue Yesalonia	This session will introduce two new Vermont Agency of Education resources, the Health and Physical Education Spotlights on Equity. The purpose of these documents are to provide an equity literate and socially conscious lens to the teaching and learning of health and physical education, as well as to recognize the historic exclusion and marginalization of groups and communities. These documents provide educators with a number of resources to review and consider in their teaching practice. This interactive session will include a short presentation and facilitated group discussion.
Building a Positive Team Culture to Prevent Hazing in Athletics	Northstar 1 Marybeth Lennox-Levins	Marybeth Lennox-Levins, Associate Professor, Castleton University, will lead a discussion on hazing and its roots, the negative outcomes associated with hazing, and how to build a strong and positive culture for success within an athletic team. Outcomes include; <ul style="list-style-type: none"> • Gain a heightened awareness of hazing as a form of bullying in athletics • Understand hazing's negative effects on individuals and on teams • Explore the most effective ways to eliminate hazing and build team cohesion
Building Culture through Play	Northstar 2 Jon Hammond	As educators, we all know the importance of play. But are we being intentional in how we use play to build empathy, communication and a sense of belonging...all qualities of a strong culture? In the ever changing dynamics of our world it is important to remember and foster the pureness of play and the benefit it provides. Participants will walk away with tangible ideas and activities requiring little or no equipment. Activities will be adapted to meet all ages, abilities and social outcomes. This is an active participation session! Let's Play!
Kids on the Ball Tennis - Elementary School Focus Group	Oscar I Jake Agna, Jasmina Jusafagic, Cody Tran and Jack Nguyen	Kids on the Ball will be set up in the room designated for a short presentation and interactive tennis demonstrations. Focus being on elementary school aged children.

Thursday March 24th
Session 2 9:45 to 10:45

Title	Room/ Presenter	Description
Vaping Prevention and Cessation Program	Escapade I +II Natalie Philpot, The Collaborative	Youth vaping is prevalent, so how do we educate about the risk of harm and cessation? The Collaborative's programming engages youth to make healthy choices to prevent substance misuse while supporting emotional-well being and exploring the impact of stigma. The Collaborative, founded in 1999, promotes healthy communities and substance-free youth through education, programming, environmental strategies, and policy development. Our Vaping programming is available for you to replicate for your school.
So You want to teach SPORTSMANSHIP?!	Gateway I +II Tammy Charbonneau	Using social stories to assist in social emotional learning. This includes the ability to teach sportsmanship skills embedded into your lessons. I will use a screen to show pictures I use in a sportsmanship social story
Get Ready For a Job Interview in Physical Education (In person and remote!)	Northstar 1 Angie Carpenter-Henderson, Scott Maxham, Susan Barnard	Experienced Physical Education professionals will help you prepare for an interview. If you are a new professional or an experienced teacher, we can share some ideas on how to get a job and be prepared for your next interview!
How to build and coach a middle school track and field program, organically....without a track.	Northstar 2 Jude Olson, Devon Morrill, and Margaret Ford	This session will talk about coaching middle school track and field. We will share our experiences of building a program from a club to an interscholastic team. Our program includes 5th through 8th graders on a .6 of a mile jogging trail. We will share what has worked for us and what has not as we have organically grown this program from the cold mud of a Vermont spring. This session will break down the jumps, throws, sprints and long distance events and how to train for them.
Kids on the Ball Tennis – Middle/High School Focus Group.	Oscar I Jake Agna, Jasmina Jusafagic, Cody Tran and Jack Nguyen	Kids on the Ball will be set up in the room designated for a short presentation and interactive tennis demonstrations. Focus being on middle/high school aged children.

Thursday March 24th
Session 3 11:00 am to 12:00 pm

Title	Room/ Presenter	Description
Essential Topics in Sexual Health Education Roundtable	Escapade I +II Andrea Nicoletta, Planned Parenthood	Have you checked out the Essential Topics in Sexual Health Education yet? This resource, released by a group of sexual health education stakeholders in 2021, is designed to help health educators in upper elementary through high school prioritize topics in sexual health education instruction and identifies best practices, essential content, and key resources for each topic. If you've attended previous trainings on the Guide or are brand new to it, join this session to talk about your experiences, your questions, and your feedback. It will be a great time to connect with other health educators on this topic!
Using Technology to Individualize Learning in Physical Education	Gateway I +II Lynn Johnson	This presentation will provide participants strategies for using technology to enhance students learning in physical education by providing individualized learning opportunities. Specific examples and strategies will be provided. K-12
Elementary teachers in trauma affected schools and the importance of quality partnerships	Northstar 1 Andy Weinberg and Dr. Dawn Campbell	Andy and Dawn will work together and discuss societal challenges, lived experience of teachers, best practices, strategies, and the need for trauma informed preparation in teacher education programs.
“Connection over Content” - Instant activities for building a community in PE	Northstar 2 Matt Bristol	This physical activity session will provide attendees with instant activities and teaching strategies for developing community within your classroom. Participants will learn activities that can be implemented as soon as they return to teaching. Attendees will learn engaging ways to create connections within their classroom, including the teacher-student connection, student-student connection, and connection with self. Leave the notebooks and laptops on the sidelines, be ready to be present, connect with others, and emerge yourself in play.
Promote cooperation and inclusion through Kin-Ball and Omnikin games	Oscar I Pierre-Julien Hamel, Kin-Ball Canada	While the technological context means that kids are less and less called upon to be physically active, issues of inclusion and diversity are increasingly present in the social debate. Since 1986, Kin-Ball and Omnikin have been at the forefront of cooperative gameplay that promotes inclusion. In this session, you will learn how Kin-Ball can encourage an active lifestyle and build confidence in any young person. Kin-Ball is played with 3 teams and a very light 4-feet ball. It requires strategies not found in traditional sports and every member of the team is involved regardless of skill level. With this session, you will learn how to play and teach Kin-Ball and other cooperative games. With KIN-BALL® sport, there's no one left out.

Thursday, March 24th

12:00 pm- 1:00 pm

**SHAPE VT 2021 Awards Ceremony
Grab and Go Lunch & Business Meeting
In the Oscar Ballroom**

SHAPE VT 2021 Awards

Celebrate the accomplishment of your peers and colleagues!

This year's honorees are...

Health Teacher of the Year:

Jeff Robinson

Lamoille Union High School

Middle School Physical Education Teacher of the Year:

Dustin King

Williston Central School

Rising Star Award:

Isabel Gogarty

Middlebury Middle School

Outstanding Future Professionals:

Brett Ouderkirk

Norwich University

Eric Maxham

Castleton University

Distinguished Service Award:

Donna McAllister

Congratulations to our SHAPE VT honorees!

Please take pictures and videos, make sure to tag @SHAPEVT in the post!

Use the #SHAPEVT2022

Exhibition Hall Continues... Please be sure to visit our conference exhibitors, as they travel great distances to spend time to be with us.

Thursday, March 24th

Session 4 1:15pm to 2:15 pm

Title	Room/ Presenter	Description
Challenges in Sexual Health Education	Escapade I +II Andrea Nicoletta, Planned Parenthood	This session will be a discussion-based session where health educators can discuss and brainstorm strategies to overcome challenges they are facing in teaching sexual health education. From Big Ideas to technical details, bring them all!
What to Know Before your First Year	Gateway I +II Isabel Gogarty, Kristina Knockenbauer	Second year teachers Isabel and Kristina will provide perspectives from their first year teaching within the state of Vermont. Presenters will share perspectives from both the classroom and the gymnasium.
Fostering Self-Care for Professionals	Northstar 1 Lindsay Turgeon	In this presentation, the audience will define, reflect, and validate their self-care experiences. Approaches for reflection include individual, small group, and a few opportunities to share whole-group. The audience will have an opportunity to expand their definitions of self-care. The target audience is educators and professionals in the service sector. The goal of the presentation is to get the audience thinking deeply about their self-care practice and considering how they are supported in their organization.
Movement Activities Linked to Nutrition	Northstar 2 Lyn Porter	This is a session designed to introduce games for elementary-aged learners that link movement to nutrition. Students learn the value of a healthy diet through games that focus on my plate and other nutritional concepts. This is designed to be an activity session so come ready to play.
Basics of Disc Golf	Oscar I Zoe AnDyke, U-Play	Come learn about disc golf from professional and gifted teacher Zoe AnDyke, creator of UPlay. Her intention and the organization's mission is to promote health, well-being, and enhance communities through the provision of educational disc golf programs. Learn about how to bring the sport of disc golf to your school or local community, and leave with some lesson plan and unit ideas as well as some great resources!

Thursday, March 24th

Session 5 2:30 pm to 3:30 pm

Stay for give-aways at each one of our final sessions

Title	Room/ Presenter	Description
Restrictive Eating Disorders in Adolescents: Risk factors, identification and prevention.	Escapade I +II Erica Gibson	What factors contribute to the development of restrictive eating disorders in young people? What role can school staff, teachers and nurses play in identifying and preventing restrictive eating disorders?
Roundtable Discussion: The New Vermont Physical Education Assessment	Gateway I +II Dr. Sue Yesalonia, Angie Carpenter-Henderson	This roundtable discussion will give Vermont Physical Educators the opportunity to talk about their vision and needs considering the creation of a new state-level physical education assessment. The discussion will be facilitated by Susan Yesalonia (AOE) and Professor Angie Carpenter-Henderson (Norwich University), who are working with Norwich PETE students to create a scaffolded set of student-centered physical education performance assessments focused on developing proficiency to meet Standard 3, the Physical Fitness Standard.
Wellness: The Relationship Between Health and Physical Education	Northstar 1 Isabel Gogarty, Alyssa Smith	How do you picture your Health and Physical Education program 10 years from now? Have you ever noticed the relationship between the two disciplines? This interactive session will provide attendees with the tools and framework to implement a 'Wellness' based program that combines Health Education and Physical Education standards, while maintaining the integrity of both programs. By the end of the session, we hope to establish a group of eager learning professionals who are interested in implementing this model within their own programs.
Pre School - How to Manage and Engage Our Youngest Learners	Northstar 2 Lyn Porter	Pre School-aged children have entirely different learning needs than other elementary-aged students. The Pre School population in many schools has students who are identified with learning needs prior to entering kindergarten. In many of these programs, there are peer models who are in the class as well. How do you plan for a class with diverse needs and short attention spans? This is an active session. Please come ready to relive your younger years and play along.
Teaching Game Concepts While Physically Distanced: Modifications In PE	Oscar I Dr. Lynn Johnson	The Pandemic has forced the rethinking of teaching game concepts while maintaining physical distancing. This presentation will provide participants the opportunity to participate in a variety of activities demonstrating the modifications. Middle/High School

A special thank you to all of our Presenters!

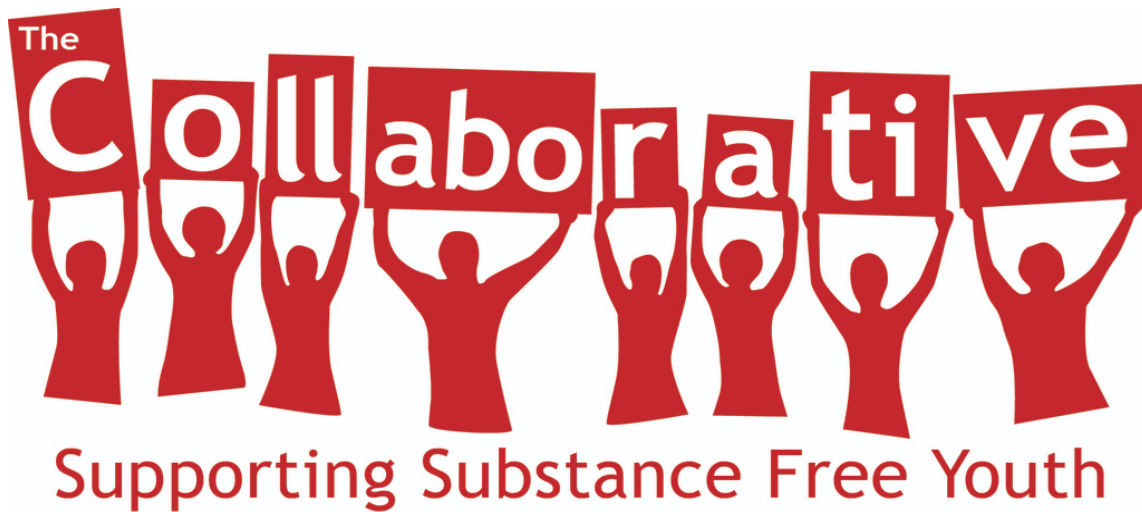
To all of our SHAPE VT members, have a safe and happy rest of the school year. Until we meet again!

Thank you to our Conference Sponsors and Exhibitors!



Castleton University





Notes

Certificate of Attendance



Society of Health And Physical Educators

Annual Conference

“We’re Back!” March 23rd & 24th, 2022 Killington, VT

Attendee Name:

Attendee School:

Hours	Session Attended & Description
Wednesday 3/23/22	
4:15 to 5:45 pm (1hr 30min)	
5:45 to 6:15 pm	Dinner & Networking
6:15 to 8:00 pm (1hr 45min)	
Thursday 3/24/22	Networking and Roundtable Breakfast (2 day registration option only)
7:15-8:15 am	
8:30 to 9:30 am	
9:45 to 10:45 am	
11:00 to 12:00 pm	
12:00 to 1:10 pm	Lunch, Awards Ceremony, Business Meeting
1:15 to 2:15 pm	
2:30 to 3:30 pm	
	Contact hours Wednesday = 3.25 hours ; Thursday = 7 hours

Certified By: **Kali Harris** SHAPE VT Past President & 2021 Conference Chair

Killington Grand Resort Hotel & Conference Center

Meeting Space Layout

